



# Rapid White 2 Week Tooth Whitening System

- Prevents stains re-occurring and controls tartar
- Clinically proven • Rapid action

Summary of this pack's tooth whitening treatment			
shades	use	for	for
8 shades whiter*	twice per day	5-10 minutes twice a day	14 days



Before & after

## Tooth Whitening System

Inspired by the whitening treatments available in dental surgeries, the Rapid White 2 Week Tooth Whitening System is a gentle treatment, which whitens teeth up to **8 shades whiter** during the 14 day treatment helping you to get a whiter, brighter, younger-looking smile without using peroxide.

Easy to use, safe and convenient, this 2 week system is designed to be used in your own home with the minimum of fuss. The system includes dental trays which can be customised to fit your own teeth for maximum comfort and an additional supply of the formulae for a further week's maintenance treatment.

### Pack contents:

- Accelerator 6ml
- Whitening Gel 50ml
- Whitening Toothpaste 50ml
- Warm & Form Dental Trays plus container
- Professional Tooth Shade Guide
- Comprehensive instructions



SENSITIVE ACTION FORMULA



IT'S TIME TO  
**SMILE**



## Instructions: FOR ADULT USE ONLY

Begin by customising your Natural Forming Dental Trays as follows.

- Choose a heat resistant container for the forming process, for example a mug. It should be wide enough and deep enough so the tray can move freely within it. Form one tray at a time starting with the upper teeth. Carefully fill the container two thirds full with boiling water and then wait for approximately 60 seconds before carefully submerging one dental tray into the water by holding the tab on the tray.

### **CARE MUST BE TAKEN AS THE WATER WILL STILL BE VERY HOT.**

- After 10-12 seconds the tray will soften and turn from hazy to crystal clear. Carefully remove the tray from the water and shake off any excess making sure not to let the tray stick to itself, as this will be difficult to correct. Test the temperature of the tray by carefully touching a small area of this onto the inside of your wrist.
- Once you are satisfied that the tray is at a comfortable temperature carefully place it onto the upper teeth. With tongue and fingers press the tray against the teeth and gently close your mouth. After the tray is formed, avoid biting down for approximately 10 seconds.
- Carefully remove the formed tray and examine for accuracy. You should see indentations that are mirror images of your own teeth. If you are not satisfied with the result you can soften the tray again and repeat the process.
- Once you are happy with the results, carefully trim off the tab with scissors and store the tray in the case provided. Repeat the process for the lower teeth with the remaining dental tray.

Now you are ready to whiten. Prepare by gently brushing your teeth. Then squeeze a small amount of the Rapid White Whitening Gel into the preformed dental trays. Do not overfill the mouth tray with Gel as this will not improve the whitening effect.

**Step 1:** Uncap the Rapid White Accelerator and confirm that the applicator pad is moist by pressing it against a clean surface. Apply the Accelerator by pressing and rubbing the pen against the surfaces of all the teeth to be whitened.

### **DO NOT CLOSE YOUR MOUTH, AS YOUR LIPS WILL REMOVE THE ACCELERATOR.**

**Step 2:** Immediately place the prepared dental trays into your mouth and hold them in place by gently biting onto the trays. This will allow the Accelerator and Whitening Gel to combine and interact on the tooth surface and begin the whitening process.

Leave the dental trays in your mouth for 5-10 minutes.

After treatment, remove the dental trays and brush your teeth gently with a toothbrush and water to remove any residual gel from their surface. Finally brush with Rapid White Daily Whitening Toothpaste.

Repeat the procedure morning and night for 14 days.

Use the enclosed Professional Tooth Shade guide to monitor your progress.

\* Whitens teeth up to 8 shades whiter.

CAUTIONARY STATEMENT: This product is not recommended for use by anyone under 14 years of age or individuals with gum disease, gingivitis, bleeding or severely receding gums, tooth sensitivity, pregnant or nursing mothers. As with any product a review of the ingredients is recommended to help avoid any allergic reaction. This product works on natural human teeth only, it will not harm fillings, crowns and caps. Avoid contact with lips and gums. Do not use while wearing dental braces. Do not exceed recommended tray wear time. Use for periods of longer than 14 days should only be under the advice and supervision of a dentist. If irritation occurs, discontinue use immediately.

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